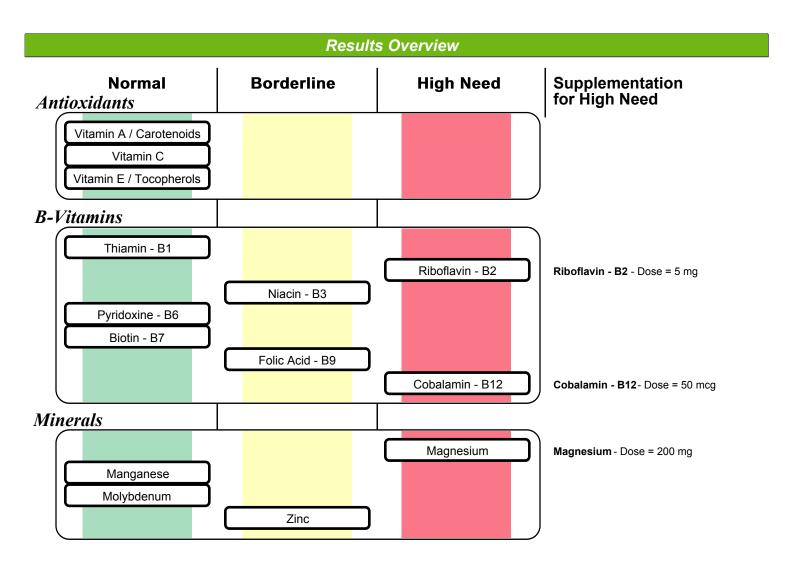


## **Comprehensive Nutritional Analysis**

Patient:	SAMPLE		
	PATIENT		
DOB:			
Sex:			

MRN:

## **Comprehensive Nutritional Analysis**



Supplemente	Daily Recommended	Patient's Daily	Provider Daily
Supplements	Intake (DRI)	Recommendations	Recommendations
Antioxidants			
Vitamin A / Carotenoids	1,000 IU	1,000 IU	
Vitamin C	15 mg	50 mg	
Vitamin E / Tocopherols	9 IU	25 IU	
B-Vitamins			
Thiamin - B1	0.5 mg	1 mg	
Riboflavin - B2	0.5 mg	5 mg	
Niacin - B3	6 mg	20 mg	
Pyridoxine - B6	0.5 mg	1 mg	
Biotin - B7	8 mcg	50 mcg	
Folic Acid - B9	150 mcg	300 mcg	
Cobalamin - B12	0.9 mcg	50 mcg	
Minerals			
Magnesium	80 mg	200 mg	
Manganese	1.2 mg	1 mg	
Molybdenum	17 mcg	25 mcg	
Zinc	3 mg	5 mg	
Digestive Support			
Probiotics		10 B CFU	
Pancreatic Enzymes		5,000 IU	

## SUGGESTED SUPPLEMENT SCHEDULE

Recommendations for age and gender-specific supplementation are set by comparing levels of nutrient functional need to optimal levels as described in the peer-reviewed literature. They are provided as guidance for short-term support of nutritional deficiencies only. The Suggested Supplemental Schedule is provided at the request of the ordering practitioner. Any application of it as a therapeutic intervention is to be determined by the ordering practitioner.

Key Normal Borderline **High Need** 



Eric Muradov ND Medical Director TruMed